

\*\*If you are interested in joining Active Minds, a new organization devoted to raising Mental Health Awareness on campus, please contact [activeminds@duke.edu](mailto:activeminds@duke.edu)

Did You Know?:

## Famous People with Mental Illness

- **Erin Brokovich** shares her stories as a recovering Anorexic
- **Rosie O'Donnell**, has suffered from depression for over 20 years
- 60 minutes correspondent **Mike Wallace** suffers from depression, as does astronaut **Buzz Aldrin**
- **Abraham Lincoln** suffered from severe, incapacitating and occasionally suicidal depressions
- **Ms. Kansas 1999**, became clinically depressed in her sophomore year of college
- **Lionel Aldridge**, a defensive end for Vince Lombardi's legendary Green Bay Packers of the '60s, played in two Super Bowls, but suffered from schizophrenia in the '70s
- **Peter Green**, guitarist for Fleetwood Mac, as well as **Syd Barrett** of Pink Floyd suffered from schizophrenia
- Entrepreneur **Ted Turner** and Academy Award-winning actress **Patty Duke** both suffered from bipolar depression
- Sarah McLachlan, Sheryl Crow, Elton John, and Janet Jackson all suffer from depression, as have actors Drew Carrey, Anthony Hopkins, and Harrison Ford
- Ludwig von Beethoven, the brilliant composer, experienced bipolar depression, as did artist Vincent Van Gogh and author Edgar Allan Poe
- Writers Ernest Hemingway, and Charles Dickens both suffered from clinical depression
- Winston Churchill: "Had he been a stable and equable man, he could never have inspired the nation. In 1940, when all the odds were against Britain, a leader of sober judgment might well have concluded that we were finished," wrote Anthony Storr of Churchill's bipolar depression

*You can live a happier, fuller life and enjoy your creativity even more if you get help.  
You shouldn't have to spend a lifetime suffering.*

**FREE, CONFIDENTIAL SERVICES ARE AVAILABLE TO STUDENTS AT  
DUKE UNIVERSITY**

Counseling and Psychological Services (CAPS)  
214 Page Building, Box 90955 Durham NC 27708-0955  
Phone: 919.660.1000 Fax: 919.660.1024  
<http://caps.studentaffairs.duke.edu/>

**ACTIVE MINDS AT DUKE WEBSITE:**  
[www.duke.edu/web/activeminds](http://www.duke.edu/web/activeminds)

A  
C  
t  
i  
v  
e  
M  
i  
n  
d  
s