

**If you are interested in joining Active Minds, a new organization devoted to raising Mental Health Awareness on campus, please contact activeminds@duke.edu

Did You Know?: Schizophrenia

Schizophrenia is a severe mental disease whose patients experience illogical and confused thought patterns, hearing internal voices not heard by others, or beliefs that other people are reading their minds, controlling their thoughts, or plotting to harm them

- Some symptoms of schizophrenia include:
 - * Changes in work performance/social relationships
 - * Confused thinking
 - * Hallucinations and delusions
 - * Unusual perceptions
- **75% of patients develop schizophrenia between the ages of 15- 25**
- Schizophrenia affects men and women equally
- 150 of every 100,000 people will develop schizophrenia
- Schizophrenia is NOT "Split Personality"
- Approximately 10% of people with schizophrenia (especially younger adult males) commit suicide
- With treatment, the symptoms of schizophrenia can be controlled, and recovery is often possible in those who receive prompt, continuous treatment and rehabilitation

**FREE, CONFIDENTIAL SERVICES ARE AVAILABLE TO STUDENTS AT
DUKE UNIVERSITY**

Counseling and Psychological Services (CAPS)
214 Page Building, Box 90955 Durham NC 27708-0955
Phone: 919.660.1000 Fax: 919.660.1024
<http://caps.studentaffairs.duke.edu/>

ACTIVE MINDS AT DUKE WEBSITE:
www.duke.edu/web/activeminds