



Women in Science and Engineering (WiSE) Spring 2008 Calendar

All activities are free. All genders are welcome!

Please check out website and our Facebook page for more information regarding our social events through the semester!

<http://www.duke.edu/web/wise/>

Your contact person is the WiSE programmer, Phoebe Lee (phoebe.lee@duke.edu).

2007 - 2008 THEME

Defining Success: What Women Scientists and Engineers Want

Jan 23 *Starting out strong: An assertiveness workshop with Kacie Wallace*

RSVP:

phoebe.lee@duke.edu

12:00-1:00PM

LSRC Love Auditorium

Lunch provided!

Want to start out the year strong by knowing how to be more assertive in both your work and personal life? Feel like you do not know how to make requests without coming across as being too pushy or weak? Kacie Wallace (J.D., L.L.M.) is a professor at NC Central School of Law and an adjunct professor at Duke. She successfully conducted the "Ladylike Negotiation" workshop for Duke GPWN last year and is our first speaker of the year. Make it a part of your new year's resolution to become the more poised version of you, and let it be a way for you to define success! Lunch provided upon RSVP to phoebe.lee@duke.edu by Jan 22nd.

Feb 13 *Stop faking it: How to feel as bright and capable as everyone seems to think you are -- overcoming the "Imposter Syndrome" with Dr. Valerie Young*

RSVP:

phoebe.lee@duke.edu

11:30-1:00PM

LSRC Love Auditorium

Lunch reception provided

1:00 at LSRC Hall of

Science

Are you crushed by even constructive criticism, taking it as evidence of your ineptness? Do you often dismiss your accomplishments as a "fluke" or "no big deal?" Like you, we wanted to know why so many intelligent, capable people suffer from the so-called Impostor Syndrome and, most importantly, what it takes to overcome it. You'll learn: what the so-called Impostor Syndrome is and how it operates in every day life; how race, class and gender can and do contribute to feelings of fraudulence (hint: it's not "all in your head"); how to stop the perfectionism, procrastination, and chronic self-doubt standing between you and your goals; key gender differences as they relate to the all important topics of competence, failure, and success. Plus, you'll be guided through a proven 7-step process designed to give you additional insight into your own self-limiting philosophies and patterns. You'll actually leave the session with a personalized plan for change. Finally, you'll hear more than theory. You'll walk away with practical strategies for interrupting the Impostor Syndrome that you can start using immediately. We are happy to welcome Dr. Valerie Young as our Distinguished Speaker of 2008. Please RSVP for the event to phoebe.lee@duke.edu by Feb 11th.

Feb (TBA) *Surviving separation: Long distance relationships*

RSVP:

phoebe.lee@duke.edu

Have you found yourself having to face the prospect of a long distance relationship with your significant other? Come listen to several who have or are navigating through these often difficult but very tenable waters. Please RSVP to phoebe.lee@duke.edu

Mar 3 *Duke show & tell: showcasing breast cancer research that makes an impact*

RSVP:

phoebe.lee@duke.edu

12-1:00PM

Teer 203

Lunch provided!

Ever wonder if what you do in the lab actually makes a difference in the "real world"? Want to see how all types of research done by your peers can "make a difference"? We have invited three researchers that work on breast cancer though through different approaches: a clinician, an engineer, and a biomedical research scientist. Please come by to see what is going on in Duke's greater research community, and how our research is helping to save lives. Lunch provided upon RSVP to phoebe.lee@duke.edu



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2007 - 2008 THEME

Defining Success: What Women Scientists and Engineers Want

Mar 23 *Shaping the world, one job at a time: An altruistic/alternative career panel*

RSVP:

phoebe.lee@duke.edu

12-1:00 PM

Teer 203

Lunch provided!

Are you looking for non-academia jobs that are outside of the box? Do you seek career choices that help to better the world by helping others? Come explore altruistic alternatives including non-profit research, teaching, and science policy as ways to achieve your goal of a meaningful career. Join us for a panel of female engineers/scientists from these fields. RSVP to phoebe.lee@duke.edu

April (TBA) *OWL award: Female mentors that make a difference*

RSVP:

phoebe.lee@duke.edu

The WiSE OWL Awards honor current female graduate students, post-docs, and laboratory technicians who have contributed not only to the scientific community through research excellence, but also to the Duke and the Durham communities through exemplary leadership and mentoring. Details for submissions for the 2008 awards will be announced later in Spring 2008!